IA Women's Network

February 2016 Newsletter







Ranchelle Alexander at Heritage Ranch Presenting on Vision Boards, Jan. 2016

Chairperson's Message from Diane

Thank You Ranchelle for a fabulous discussion on Vision Boards at the January meeting. The book Ranchelle is holding (and recommended for us all) is called The 12 Week Year, by Brian P. Moran & Michael Lennington.

Next...We have a wonderful event lined up for February 11th... I can't wait to learn all about Colours and Personality with Kimberly Darbyson!

IA Women's Network Meetings

IA Women's Network meetings are usually held on the 2nd Thursday of every month except July and August. Meetings are held in various locations to suit the needs of any particular month, and will be listed here in the newsletter and on the Website, Facebook, Linked In, and Twitter. For luncheons the location will be reserved from 11:30 until 1:30, with the meeting beginning at 12:00, lunch being served, the presenter speaking from 12:15-12:45 (up to 1:00 pm) and 1:00-1:30 is for networking. For evening sessions we may vary the timings...and February is an evening session!

Upcoming Meetings and Events

Thursday, February 11th – Kimberly Darbyson will be our presenter for the interactive Colours and Personality, special 3-hour <u>evening Gala!</u> This event will be held at the Radisson Hotel, and is open to the public. It is a hugely popular show because of its humor, but is also extremely helpful for anyone in business with its instructive nature in helping us to understand other's personalities. Based on scientific research done on personality and behavior, this is both educational and a wonderful night out. There will be a bartender on hand to enhance your evening with a beverage or two. Because of the cost involved in putting something of this magnitude on, we need to ask you and your friends, family, and co-workers to pre-book by at least the 3rd of February to ensure it

is a go. We will determine whether we have enough participants for the event on February 4th (one week prior). The event will be cancelled if we do not have at least 20 people attending, so please advertise for this event for us...your enthusiasm is required in order to make it a success! The cost is \$40 for members, and \$50 for non-members of IA. Show your personal support by signing up today! Please feel free to copy and post anywhere you like, the flyer at the end of this Newsletter!

Membership

Membership is only \$40.00 for the 2015-2016 year. Membership in IA Women's Network is quite a deal considering that events will be less expensive, we will stand out and be heard by all of these other fabulous business women during our monthly events, we have the opportunity to make a difference in our community together by Adopting A Family (and other similar charitable acts as put forward by our members). You can advertise in this Newsletter, and let's not forget the website. We are allowed to put our bios on there, along with our pictures and contact information for the world to see (under Membership Tab). We have a "Classifieds" Section where you can post your business ads. We feature a different member each month in the Spotlight (usually someone who has positively enhanced the group recently). If you have written an article, or have read a great one lately, we can post it under the Articles section... And we are always looking for more pictures to showcase on the website, so please send us yours!

Defining Who We Are

Thank You to everyone who participated in the discussion at the January meeting about our Mission Statement and Purpose. Here they are as they will now appear on the website:

Mission Statement:

Empowering women through a network of connections, for the advancement of business, social growth, educational opportunities, and community.

Purpose:

To combine the wealth of knowledge, experience and skills of business women for mutual benefit and support of the individual, the group, and the community.

Input for the Newsletter

We are looking for input into this newsletter to make it meaningful to everyone. Please submit any interesting info or helpful hints or tips regarding small business successes or upcoming events. We want to hear about anything going on in the Red Deer area for business women, and we definitely want to cheer you on as you continue to succeed with all of your personal endeavours! Small, tasteful ads for your business are welcome, with the understanding, that should the newsletter become too long then some ads may be saved for the next month's newsletter. Submit by the 15th of the month to Diane Kinnear: counselor.diane.kinnear@gmail.com (We may edit to keep it concise!)

Welcome New and Renewing Members!!!



Welcome Michele Godin of

"I have extensive work history in the Sales & Marketing arena and have just entered the promotional industry with TBS Team & Corporate Store. I look forward to networking with your organization."

Welcome back Robin Armitage of PARTY LITE*

In 1909, a schoolteacher named Mabel Baker began making bayberry candles in her Cape Cod kitchen. Soon she was producing the finest candles in New England. From those sweet, fragrant beginnings emerged a company that, in 1973, introduced a new concept and a new brand called PartyLite.

Thank You!

Thank YOU for attending the January Luncheon, it was successful because you were there!

Thank You Ranchelle Alexander for a wonderful presentation at Heritage Ranch!

...and Thank You to all those who have offered up their great ideas for us within the last month!

Could You...?

There are still a few positions available on the Executive:

These are: The Vice Chairperson, Newsletter Coordinator, and Events Coordinator.

The best place to be when you want to positively influence any organization is on the Executive!

Please let anyone on the executive know if you would like to help out (So...Cathy, Brittany, Dena or Diane!)

Members Only Upcoming Events

Ladies: The LETTING GO Program (A New Approach to Lightening Up) begins the week of January 25, 2016.

Relieve stress, be more mindful and relaxed. Release limiting beliefs, self-sabotaging habits, and cravings. Create new perspectives and outlooks, learn some new tools and so much more. For more information or to reserve your seat in this 6 week program email:

marnel@inciteinspirations.com or call 403-318-3191 www.inciteinspirations.com

Jin Shin Jyutsu[®] **Introduction to Human Self-help and Animals** *With Robin McKay Certified Jin Shin Jyutsu*[®] *Human and Animal Facilitator* & *Teacher*

February 6 & 7, 2016, Red Deer & District SPCA Bring your own dog, cats supplied by SPCA 9 AM to 5 PM, Saturday 8:30 AM for sign in Sponsored by Ruff N Tumble Daycare and Kennels For information or to register: Robin McKay energyeffects@shaw.ca or (403) 343-7899

Executive Meetings

The next executive meeting is Thursday, February 4th at 9:30 am, and will be held at The Old Court House in room 104. All group members are welcome to attend. Please ask Diane Kinnear for an Agenda.

The IA Women's Network Newsletter is published monthly September–June and distributed by email. Submissions by the 25th of the month to: counselor.diane.kinnear@gmail.com

If you have any problems receiving your newsletter contact Diane at the e-mail above.

□ Save a tree, please don't print this e-mail unless you really need to.

PLEASE CHECK OUT OUR WEBSITE: independentachievers.com
And Facebook: www.facebook.com/Independent.Achievers and we're also
on Linked In and Twitter!



www.pinterest.com

True Colors is a model of personality identification that promotes relationship building and personal success.

Better understand yourself!



Better understand your customers!

Next workshop: February 11, 6pm-9pm

Hosted by The Independent Achievers

Register online on or before February 4th

www.independentachievers.com

