

INDEPENDENT ACHIEVERS



OCTOBER 2016 NEWSLETTER

Message from Chairperson Diane Kinnear

Hello Ladies,
September was an amazing Welcome Back luncheon with Kim Berube (**Thank You Kim!**) on Surviving Tough Economic Times, and we just keep rolling. We have a fabulous speaker for October's Luncheon, and expect great food and drinks at Glenn's Restaurant, too! Anita is going to enlighten us on how exactly to use Feng Shui to our advantage in our office spaces! She is a genuinely impressive speaker, and incredibly knowledgeable about all things Feng Shui! See you there!

Upcoming Meetings and Events

"Feng Shui Your Office!"

Luncheon with **Anita Adrain** will be held: Thursday, October 13th 2016, at Glenn's Restaurant (Gasoline Alley - 125 Leva Ave) from 11:30 am to 1:30 pm.

IA Women's Network Meetings

IA Women's Network meetings are held on the 2nd Thursday of every month except July and August. Meetings are held in various locations to suit the needs of any particular month, and will be listed here in the newsletter and on the Website, Facebook, Linked In, and Twitter. Luncheon locations will be reserved from 11:30am until 1:30pm, with the meeting beginning at 12:00, lunch being served, the presenter speaking from 12:15pm – 1:00pm, and 1:00pm – 1:30pm is set aside for networking.



FENG SHUI “SIMPLY PUT”

Anita Adrain
403-391-3899
fengshuisimplyput@shaw.ca
www.fengshuisimplyput.com

What if by consciously arranging your environment you could create a healthy, peaceful and dynamic flow of energy? What if that could relax your nervous system, inspire your mind and calm your emotions?

What if as a result, you could enhance and or improve every area of your life; be it health, love, family, career and or prosperity?

What if you discovered hidden energetic treasures within your home that when activated can become a magnet for your hearts desires?

This is a sampling of the positive impact Anita's students, clients and participants report experiencing after applying what they've learned from her. [Read More...](#)

MC of the Month

How would you like to be our MC of the Month? We want to maximize our fun, and figure we can have more fun at luncheons if we share the mic...so to speak. At the October meeting everyone who wants to be MC for November can put their names in a hat. We will draw for the position. Diane will provide the winner with a list of items we need to discuss at the November meeting (a week before it) and the MC can add her own flair to the luncheon, introduce our speaker, etc. What do you think? Would you like to be our MC for November? You just have to come to the October meeting and be a member (new or from 2015/2016 year) to be eligible.

Please give a warm welcome to our newest member: Diane Gramlich, The Custom-Fit Bra Expert, and also a Juice Plus representative! And welcome back to renewing member: Diane Kinnear



Anger Management (or life crises)
at Life Review Counseling
Diane Can Help Put Out the Fire

Membership

Luncheons are \$25 for members and \$28 for guests. Everyone is welcome: no need for an invitation. Please register on the IA Website at: www.independentachievers.com and pay at the door with either cash or cheque.

Luncheons include the meal, room rental, meeting, speaker, and networking time.

Membership dues this year are \$49 for 2016/2017. Membership includes: Reduced Luncheon cost, the ability to advertise yourself and your business in this Newsletter (over 100 ladies receiving it!) and on the website for an entire year via the Membership Directory, Spotlight Member page, Members Upcoming Events and Ads page, plus you may find yourself in the Photo gallery! Members are eligible to participate in ongoing ideas like the MC of the Month, the share table, and any others you can come up with! We are always open to new ideas!

Attention Gardeners!

If we have any green thumbs in the group, the Red Deer Garden Club will be having a speaker on the evening of Thurs. October 20th at 7pm, at Kerry Wood Nature Centre 6300 45 Ave.

Speaker is: Jeff Gillies of Taimi Soil Projects (RMH) on the topic: What's in your Soil? Getting the Dirt on Soil. Everyone is welcome, and there is no charge.

Input for the Newsletter

Would you like to put an ad in for one of your businesses? This is part of the IA membership package, so feel free to put your ads in the newsletter as well as the website!

Please submit any interesting info or helpful hints or tips regarding small business successes or upcoming events. We want to hear about anything going on in the Red Deer area for businesswomen, and we definitely want to cheer you on as you continue to succeed with all of your personal endeavours! Small, tasteful ads for your business are welcome, with the understanding, that should the newsletter become too long then some ads may be saved for the next month's newsletter. Submit by the 25th of the month to Sereita Balkissoon b.sereita@gmail.com
(We may edit to keep it concise!)

Executive Meetings

The next executive meeting will be Oct. 20th at Noon, and will be held at the Old Court House (4836 Ross St.) Suite 104. All group members are welcome to attend. Please ask Diane Kinnear for an Agenda.

The IA Women's Network Newsletter is published monthly September-June and distributed by email. Submissions by the 25th of the month to: b.sereita@gmail.com

If you have any problems receiving your newsletter contact Diane at counselor.diane.kinnear@gmail.com

[Check out Our Website: independentachievers.com](http://independentachievers.com)
[FB, Twitter or LinkedIn](#)