

# INDEPENDENT ACHIEVERS



## September 2017 Newsletter

### Message from Chairperson *Diane Kinnear*:

Welcome Back! Hope you had a Grrrreat Summer!

We have the whole year lined up for you with amazing speakers every month (listed below) so get ready for a great ride!

First up we have two fabulous presenters from the Sunrise Toastmasters club: Jock Mackenzie and Roxane Parsons (their bios are below). They will be teaching us some skills for public speaking and also help with articulating when you have an opportunity to tell someone about your business.

We were really happy with the Baymont Inn and Suites, with their Indoor Tropical Atmosphere and Great Food...so we decided to make this our monthly meeting place!

### IA Women's Network Meetings

IA Women's Network meetings are held on the 2<sup>nd</sup> Thursday of every month except July and August. Meetings are held in various locations to suit the needs of any particular month, and will be listed here in the newsletter and on the Website, Facebook, Linked In, and Twitter. Luncheon locations will be reserved from 11:30am until 1:30pm. Meeting beginning at 12:00, lunch being served, the presenter speaking from 12:25pm – 1:00pm, and 1:00pm – 1:30pm is for networking.

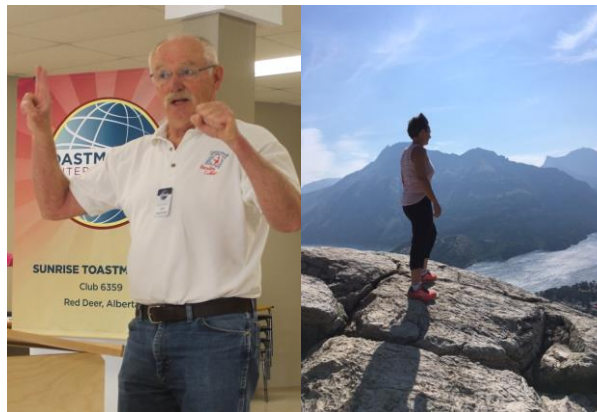
## What's Up Next?

11:30 am - 1:30 pm  
Thursday, September 14<sup>th</sup> 2017 at Baymont Inn and Suites,  
Red Deer (formerly Red Deer Lodge - 4311 49 Ave)



Two Sunrise Toastmasters club members are going to help us improve our public speaking skills, and to talk confidently with others about our businesses.

Jock Mackenzie is a native Red Deerian. He enjoyed 31 years with the Red Deer Public School District as teacher and principal. Now retired. Married with two children, three step-children, three grandkids. Hobbies: golf, skiing, fly fishing, reading, writing, carving, stained glass. Happy to be the Sunrise Toastmasters' Vice President of Public Relations.



My name is Roxane Parsons and I am a registered nurse. I am currently employed as a Public Health Area manager for Central Zone. My husband and I also operate a mixed farm north west of Lacombe.

My main reason for joining Toastmasters was to become a better communicator. My job presents many opportunities to provide education to peers and colleagues. The skills I have gained since joining Sunrise Toastmasters club have significantly improved my ability to deliver clear, concise, organized information in the most efficient way.

[Register Here for the Luncheon](#)

# The Whole Line-up for 2017/2018

(All Luncheons 11:30 am - 1:30 pm)

September 14<sup>th</sup> 2017 - Sunrise Toastmasters Jock Mackenzie & Roxane Parsons on “Public Speaking and Communication Skills” at Baymont Inn and Suites

October 12<sup>th</sup> 2017 - Brenda Kolasa’s Success 4 Business Panel of Leaders at Westerner Park (no extra charge for lunch (buy or bring your own) but you may purchase a ticket for the entire day’s Expo from Brenda at a \$10 discount)

November 9<sup>th</sup> 2017 - Darcy Ouellet from The Women’s Outreach presenting on programs they have and how we can help, held at Baymont Inn and Suites

December 14<sup>th</sup> 2017 - Adopt-A-Family Silent Auction Fundraiser (Venue TBA)

January 11<sup>th</sup> 2018 - Veronica Graves (an Iridologist) at Paradigm Healing, on Iridology and her successful business, held at Baymont Inn and Suites

February 8<sup>th</sup> 2018 - Annette Stanwick: Professional Speaker and Freedom Facilitator on “Forgiveness”, to be held at Baymont Inn and Suites

March 8<sup>th</sup> 2018 - Kickboxing Instructor (possibly)

April 12<sup>th</sup> 2018 - Ranchelle VanBryce on “Changing Trends in Sales & Marketing”, to be held at Baymont Inn and Suites

May 10<sup>th</sup> 2018 - Elections & Joanne Ward on “Feng Shui Fashion” at Baymont Inn and Suites

June 14<sup>th</sup> 2018 - Patio Party & Year Windup! Earl’s on the Patio?

Looking Back on 2016/2017...

**2016 – September**

***Kim Berube presented on "Being Proactive in Tough Times"***



**2016 – October**

***Anita Adrain presented on "Feng Shui for Your Office"***



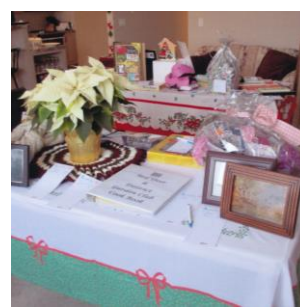
**2016 – November**

***Kate Allan presented on "Your Portfolio and Retirement Saving"***



**2016 – December**

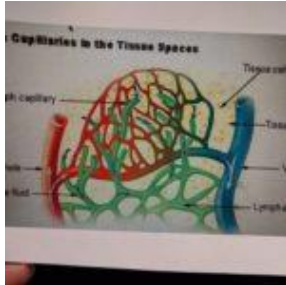
***Diane Gramlich organized (and we all supported) the "Adopt-A-Family" Silent Auction Fundraiser!***



**2017 – January**  
**Kelly Tibbets presented on "Silver Linings"**



**2017 – February**  
**Sandy Woitas presented on "Healthy You; Healthy Business"**



**2017 – March**  
**Lynn Ruske presented on "PTSD and Resilience"**



**2017 – April**  
**Carolyn & Jeff Bondy presented on "The Importance of a Strong Mission Statement" & gave a great visual presentation on Daylilies!**



**2017 – May**  
**Elections & Jordan Baptie presented on "Being a Super Saleswoman"**



**2017 – June  
Patio Party at Earl's... Year Wind-Up!**



Thank You!!!

To My Executive Team!

Sereita Balkissoon who has helped out so much with the IA executive for the past two years, and Emma Russell who stepped up to help on the executive last year and is kickin' it into gear!

**Success 4 Business is pleased to invite Independent Achievers to the Success 4 Business Expo on October 12, 2017!**

Because it coincides with our usual meeting for October, we are using this event as a learning opportunity. We will meet at the Westerner for the Panel of Leaders forum <http://www.success4businessexpo.ca/event-info/panel-of-leaders> at our usual time: 11:30 am and it will run until our usual end-time of 1:30 pm. People are free to come and go during the panel, so if you are running behind or need to leave early, you are still welcome to come for as much of the event as you can. Bring your own lunch or purchase one on site; there is no luncheon fee other than that for this one (unless you want to attend the whole day with Success 4 Business).

If you wish to take in the whole day's Expo please feel free to add in the discount code of: S4BEXPOA10 for \$10 discount to any paid ticket price (this discount is for all current IA Members). If you're just coming to the luncheon just register on the IA Website next month. If you want to attend anything else at the S4B Expo register on the S4B Website: <https://fs24.formsite.com/Success4Business/form3/index.html>

## Membership & Luncheons

Anyone is Welcome at the Luncheons: no need for an invitation.

Please register on the IA Website at:  
[www.independentachievers.com](http://www.independentachievers.com) and pay at the luncheon with either cash or cheque.

Luncheons include the meal, meeting, self-introductions, speaker, and networking space and time.

**Membership dues for the 2017/2018 year are again just \$49**

Membership Benefits Include: Reduced Luncheon fee, the ability to advertise yourself and your business free of charge in this Newsletter or on the Website for an entire year (via the Membership Directory, Spotlight Member page, Members Upcoming Events and Ads page, plus you may find yourself in the Photo gallery!) Members are also eligible to participate in impromptu, ongoing ideas...and we are always open to new ideas!

- Click here for IA Members' [Upcoming Events and Ads!](#) We welcome YOUR Upcoming Events and Ads on our website as a privilege of being an IA Member!
- Click Here to read about Joanne MacDonald, who is the [Current Spotlight Member](#) for IA! Who will be our next month's Spotlight Member? Could be you!
- Click here for all the [Articles, Videos and Podcasts](#) currently featured on the IA Website! Please let us know if you have any pertinent Articles, Videos or Podcasts for our Website (Anything Business Women would find interesting and valuable).

### For The Green Thumbs ...

The September 21<sup>st</sup> 2017 speaker for the Red Deer Garden Club is **Jane Reksten, Manager, Botanic Gardens and Greenhouses at Olds College.**

Topic: **The Secret Life of Plants**

Gardening is a blend of art and science. We need the artistic side to design a garden that pleases the eye and feeds the soul. But to reach those goals, we have to know how to grow plants so that they perform to our expectations - that is the science! We'll explore the mysterious life of plants, looking into how they function, how they use light, water and soil in the hopes of gaining a better

The Red Deer Garden Club meets once a month at the Kerry Wood Nature Centre (3<sup>rd</sup> Thursday) at 7:00 pm for a variety of Speakers and events.

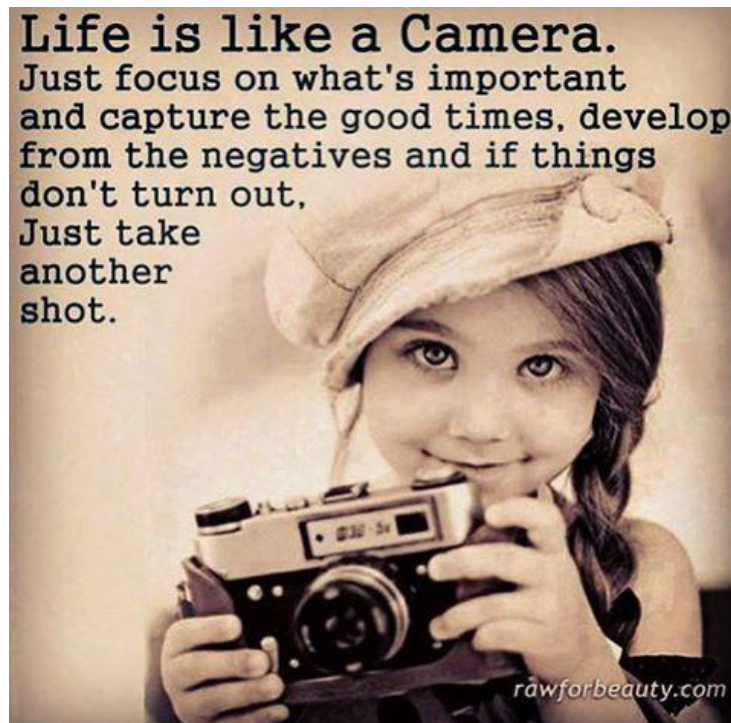
## Executive

The next IA **Executive Meeting will be held:**  
**Thursday, September 21<sup>st</sup> 2017 at Noon**  
**in The Old Court House, suite 104.**

Please let Diane Kinnear know if you wish to attend: All members are welcome!

Volunteers for the executive are always welcome! Please just let us know what you would like to do, and we will make room on the board for you!

The IA Women's Network Newsletter is published monthly September-June and distributed by email. If you would like to add your advertisement, or if you have any problems receiving your newsletter please contact us at: [independent.achievers.1992@gmail.com](mailto:independent.achievers.1992@gmail.com)



[Check out Our Website: independentachievers.com](http://independentachievers.com)  
[FB, Twitter or LinkedIn](#)